



GOA DEVAAYA RETREAT

NATUROPATHY HEALTH PACKAGES

NATURAL REJUVENATION PACKAGE (07 or 14 nights) 7 or 14 sessions of treatment

Package includes complete relaxation and rejuvenation of your whole body with naturopathic therapies, yoga and a wholesome nutritious diet.

Option of therapies includes:

Therapeutic Massage, Steam Bath, Mud Therapy, Hip Bath, Acupuncture, Reflexology & Satvic Veg Diet.

WEIGHT LOSS PROGRAMME (14 or 21 nights) 14 or 21 sessions of treatment

Package focuses upon natural weight management program concentrating upon your body type and lifestyle modifications required combined with nature's healing powers.

Option of therapies includes:

Therapeutic Massage, Colon Hydrotherapy, Hip Bath, Steam Bath, Acupuncture, Jet Spray And Weight Loss Diet.

DE-STRESS / ANTI-DEPRESSION PACKAGE (5, 7 or 14 nights) 05, 07 or 14 sessions of treatment

Package deals with relieving the physical and mental stress, exclusively made for busy executives to refresh and relax themselves naturally.

Option of therapies includes:

Manipulative Therapy, Acupuncture, Reflexology, Mud Therapy, Spinal Spray, Circular Jet Spray And Nutritious Diet.

DETOXIFICATION PACKAGE (07 or 14 nights) 07 or 14 sessions of treatment

Package focuses upon cleansing your whole body with the help of Naturopathic treatment, improving the overall health and detoxifying the toxins by natural ways.

Option of therapies includes:

Naturopathic Detox Therapies, Colon Hydrotherapy, Enema, Mud Therapy, Steam Bath, Acupuncture And Healthy Diet.

ANTI-AGEING (07 or 14 nights) 07 or 14 sessions of treatment

This package makes you feel young and energetic, physically and mentally. It enhances all your organs internally and also helps in glowing of skin externally to make you healthy and energetic through natural remedies.

Option of therapies includes:

Naturopathic Massage, Mud Packs, Herbal Packs, Hydrotherapy, Circular Jet Spray, Acupuncture, Reflexology Along With A Healthy Diet.

THERAPEUTIC PACKAGES (7, 14 or 21 nights) 07, 14 or 21 sessions of treatment

It involves treatment protocols for various disease conditions such as Hypertension, Diabetes Mellitus, Joint related conditions, etc. Treatments are advised by the doctor and to be followed accordingly.

Option of therapies includes:

Colon Hydrotherapy, Herbal Packs, Hydrotherapy, Therapeutic Massage, Steam Bath, Mud Therapy, Hip Bath, Manipulative Therapy, Circular Jet Spray, Acupuncture, Reflexology & Healthy Nutritious Diet.